

Salmon fillet with the thermomix

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2 min	2 min 30 min	2 min 30 min 32 min	2 min 30 min 32 min 1/10
2 min 30 min 32 min 1/10 3	2 min 30 min 32 min 1/10 3 2	2 min 30 min 32 min 1/10 3 2 12	

2 min 30 min 32 min 1/10 3 2 12

800G of water

4 salmon fillets

1 pinch of coarse salt

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Place the salmon fillets, skin-side down, on the varoma tray.

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Add the water and coarse salt to the thermomix bowl and cook for 30 minutes at speed 2 and varoma temperature.

Salmon fillets pair well with tarragon sauce