

Asparagus and his vinaigrette with the thermomix

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For the salad dressing :

170G of red wine vinegar

800G of water

25G of heavy cream

6 of chives

Salt and pepper For the asparagus :

800G of water

500G of asparagus

For the salad dressing :

For this recipe of asparagus with thermomix:

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Put all ingredients, except the asparagus in the Thermomix and program 1 minute on speed 4.

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Set aside in a bowl.

For cooking asparagus with the thermomix:

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Peel and wash the asparagus. Put them in the varoma.

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Put the water in the bowl of Thermomix. Put the varoma on thermomix and set on varoma 25 minutes at speed 1.

Arrange the asparagus on a plate with sauce. You can use green or white asparagus with the Thermomix