

Pure butter croissant with the thermomix

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500G of flour
150g of butter
130G of milk
130G of water
50g of powdered sugar
25G of yeast
15G of salt
1 egg yolk

500G of flour

Make excellent homemade croissants with your TM31, TM5, and TM6 to enjoy for breakfast :

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- Place the yeast and milk in the Thermomix bowl and cook for 2 minutes at 37°C on speed 2.

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- Add the flour, granulated sugar, salt, water, and mix for 3 minutes on kneading function.

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- Form a ball and let it rise for at least 1 hour.

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- Punch down the dough by sprinkling flour on the work surface, placing the dough on it, and pressing with the palm of your hand to release the gas.

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- Form a ball again and let it rest for another hour.

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- Meanwhile, flatten the butter with a rolling pin to form a square of approximately 20cm.

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- Take the dough, sprinkle the work surface with flour, and roll out the dough to form a flower shape with 4 petals. Place the flattened square of butter in the center of this flower.

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- Fold the dough over the butter and press firmly to ensure that the butter is well enclosed and cannot escape.

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- Roll out the dough into a long rectangle and fold the bottom part up to 2/3 of the height, then fold the top part over.

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- Rotate the dough a quarter turn and repeat the previous step at least 3 times.

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- Then shape a rectangle of 40cm*50cm, cut it in half lengthwise.

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- Now you have 2 rectangles of 20cm*25cm.

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- Make triangles out of this dough.

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- Roll each triangle, starting from the wide end.

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- Let them rise for 45 minutes, brush each croissant with egg yolk to make it golden, and bake for 15 minutes at 210°C.

You will enjoy them. Yummy ;)