

Sunshine vitamins with the thermomix

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5 min	5 min 10 min	5 min 10 min 15 min	5 min 10 min 15 min 1/10
5 min 10 min 15 min 1/10 7	5 min 10 min 15 min 1/10 7 5	5 min 10 min 15 min 1/10 7 5 14	

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800G water
100G sugar
6 Strawberries
1 Pear
1 Yellow Peach
1/2 vanilla pod
1/2 lemon

**800G water
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In the bowl of Thermomix, put water and sugar and set 10 minutes at 90° Speed 1.

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Peel and cut the fruit into pieces, squeeze the juice of half a lemon, then put all in the pan.

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Divide the vanilla bean and scrape it.

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Put everything in the Thermomix bowl and set 1 minute. Gradually increase the speed to 10.

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Put into a bottle and put 3H cool.

To be enjoyed chilled